

Life on a Star Family Conferences on Star Island

Visit www.lifeonastar.org for more information

We invite you and your family to join us to spend a relaxing week enjoying the magic of Star Island. We welcome people of all ages, lifestyles and beliefs. We offer a variety of activities each day along with time to sit back, relax, spend time with new and old friends and renew your spiritual side. Our conferences are seven days long, Saturday afternoon to the following Saturday morning.



Life on a Star I Family Retreat

Saturday, August 14 to Saturday, August 21

Theme: Reflecting on the Call to Serve

Service can be a powerful way to connect with one another across generations, beliefs, and cultures. Adam Davis will lead us in the practice of civic reflection, a series of conversations that starts with short, thought-provoking readings and gradually opens up onto larger questions about civic engagement. Our week will also include workshops in music, yoga, and photography; time to read, swim, walk and explore.

Guest Minister: Rev. Leaf Seligman, First Parish UU Church, Fitchburg, MA.

Life on a Star II Family Retreat

Saturday, August 21 to Saturday, August 28

Musical Connections

Join us for a week of exploration and workshops on making personal and spiritual connections through music. Jim Scott, who has served on the board of the UU Musicians Network, will help us make personal and spiritual connections through music. An exciting acoustic guitarist, singer, and composer of powerful music that furthers the ideals of ecology, justice, and peace, Jim makes an impact on hearts and minds across the world.

Guest Minister: Rev. Liz Lerner Maclay, Universalist Church, Silver Spring MD.



Youth Programming

Our children's program is usually held from 9:15 am to 11:45 am and 2:00 pm to 3:30 pm every day. We offer six different age ranges for the children's program, with two adults leading each group. In addition, we have a youth coordinator and a floater who help the youth leaders throughout the week. Parents volunteer on an occasional basis, for example, helping to row to the neighboring island and helping out during children's social hour.



The Star Island Experience

Mornings begin with brave souls becoming polar bears for a dip into the clear Atlantic Ocean. Our Minister of the Week leads a morning chapel after breakfast and before the theme talk. The Theme speaker has a presentation each morning for about one hour. After the theme talk, we offer a selection of workshops to choose from that last for about 1 and 1/2 hours. In the afternoon, we again offer a selection of workshops while the children's program is in session. Around 8:00 pm every evening there is some type of organized event: talent show, musicale, Pelican (hotel staff) talent show, etc. Every evening around 10:00 pm, we hold a candle-lit chapel service in the stone chapel that is lead by members of the conference. For the night owls, we usually have a Starlite Cafe, which is a coffee house type of gathering that goes until the wee hours of



the morning. The hotel has a snack bar where you can purchase lobster rolls, fraps, lime rickies along with traditional treats. During the week there are various activities that lend themselves perfectly to an island environment. One of the all-time favorites is a softball game between the conferees and the staff, with the only known left field that is located in a cemetery and fly balls there are ground rule doubles! You may attend as much or as little of the planned activities as you wish. Some people try to fit as much in as they possibly can and others prefer to sit in rocking chairs on the hotel porch or on the rocks and just relax.

Per Person Rates (include all meals)

Adults:

Triple \$710
Double \$754
Single \$972

Motel Double (ensuite toilet and sink) \$848

Youth:

Under 6 years old \$0
6-11 years old \$452
12-17 years old \$600